

# Konaktion MM 10 mg/ml

Cheplapharm Arzneimittel GmbH  
[contact details](#)

Active ingredient  
phytomenadione

Legal Category  
POM: Prescription only medicine

[SmPC \(/emc/product/9755/smpc\)](/emc/product/9755/smpc)

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This information is intended for use by health professionals

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## 1. Name of the medicinal product

Konaktion MM Ampoules 10 mg/ml solution for injection

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## 2. Qualitative and quantitative composition

Each Konaktion MM Ampoule contains 10.0mg vitamin K<sub>1</sub> (phytomenadione) Ph.Eur in 1ml.

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## 3. Pharmaceutical form

Amber glass ampoules containing 10mg phytomenadione in 1ml. The ampoule solution is clear to slightly opalescent, pale yellow in colour and contains the active constituent in a mixed micelles vehicle of glycocholic acid and lecithin.

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## 4. Clinical particulars

### 4.1 Therapeutic indications

Konaktion MM is indicated as an antidote to anticoagulant drugs of the coumarin type in the treatment of haemorrhage or threatened haemorrhage, associated with a low blood level of prothrombin or factor VII.

### 4.2 Posology and method of administration

Konaktion MM ampoules are for i.v. injection.

#### **Adults**

**Severe or life-threatening haemorrhage, e.g. during anticoagulant therapy:** The coumarin anticoagulant should be withdrawn and an intravenous injection of Konakion MM given slowly (over at least 30 seconds) at a dose of 5 - 10 mg together with prothrombin complex concentrate (PCC). Fresh frozen plasma (FFP) may be used if PCC is not available. The patient's INR should be estimated three hours later and, if the response has been inadequate, the dose should be repeated. Not more than 40 mg of Konakion MM should be given intravenously in 24 hours. Coagulation profiles must be monitored on a daily basis until these have returned to acceptable levels; in severe cases more frequent monitoring is necessary.

*Dose recommendations for vitamin K<sub>1</sub> therapy in patients with major and life threatening bleeding:*

Anticoagulant	Condition	Intravenous vitamin K <sub>1</sub>	Concomitant th
Warfarin	Major bleeding	5.0 mg	PCC <sup>1</sup>
	Life-threatening bleeding	5.0 to 10.0 mg	PCC <sup>1</sup>

PCC, prothrombin complex concentrate

<sup>1</sup> Fresh frozen plasma (FFP) may be used if PCC is not available

#### **Less severe haemorrhage:**

Treatment of asymptomatic patients with elevated INR values depends on factors such as the underlying indication for anticoagulation, INR value, length of time spent outside the therapeutic INR range, patient characteristics (e.g. age, comorbidity, concomitant medication), and the associated risk of major bleeding. The following dose recommendations are provided for therapeutic guidance only:

*Dose recommendations for vitamin K<sub>1</sub> therapy in patients with asymptomatic high International Normalised ratio (INR) with or without mild haemorrhage:*

Anticoagulant	INR	Intravenous vitamin K <sub>1</sub>
Warfarin	5-9	0.5 to 1.0 mg
	>9	1.0 mg

For small doses one or more ampoules of Konakion MM Paediatric (2 mg/0.2 ml: same solution) can be used.

#### **Reversal of anticoagulation prior to surgery**

Patients who require emergency surgery that can be delayed for 6-12 hours can be given 5 mg intravenous vitamin K<sub>1</sub> to reverse the anticoagulant effect. If surgery cannot be delayed, PCC can be given in addition to intravenous vitamin K<sub>1</sub> and the INR checked before surgery.

#### **Use with anticoagulants other than warfarin**

The dosing recommendations above apply to patients taking warfarin. There are limited data regarding reversal of the effects of other anticoagulants, such as acenocoumarol or phenprocoumon. The half lives of these anticoagulants are different to warfarin and different doses of vitamin K<sub>1</sub> may be required.

#### **Special dosage instructions**

##### **Elderly**

Elderly patients tend to be more sensitive to reversal of anticoagulation with Konakion MM. The dosage for this patient group should therefore be at the lower end of the ranges recommended.

##### **Instructions for infusion in adults**

Konakion MM Ampoules are for intravenous injection and should be diluted with 55ml of 5% glucose before slowly infusing the product. The solution should be freshly prepared and protected from light. Konakion MM Ampoule solution should not be diluted or mixed with other injectables, but may be injected into the lower part of an infusion apparatus.

### **Children aged 1 to 18 years**

It is advisable that a haematologist is consulted about appropriate investigation and treatment in any child in whom Konakion MM is being considered.

Likely indications for using vitamin K in children are limited and may include:

1. Children with disorders that interfere with absorption of vitamin K (chronic diarrhoea, cystic fibrosis, biliary atresia, hepatitis, coeliac disease).
2. Children with poor nutrition who are receiving broad spectrum antibiotics.
3. Liver disease.
4. Patients receiving anticoagulant therapy with warfarin in whom the INR is increased outside the therapeutic range and therefore are at risk of, or are bleeding, and those with an INR in the therapeutic range who are bleeding.

For patients on warfarin therapy, therapeutic intervention must take into consideration the reason for the child being on warfarin and whether or not anticoagulant therapy has to be continued (e.g. in a child with mechanical heart valve or repeated thromboembolic complications) as vitamin K administration is likely to interfere with anticoagulation with warfarin for 2 – 3 weeks.

It should be noted that the earliest effect seen with vitamin K treatment is at 4 – 6 hours and therefore in patients with severe haemorrhage replacement with coagulation factors may be indicated (discuss with haematologist).

### **Dose of vitamin K**

There are few data available regarding use of Konakion MM in children over 1 year. There have been no dose ranging studies in children with haemorrhage. The optimal dose should therefore be decided by the treating physician according to the indication, clinical situation and weight of the patient. Suggested dosages based on clinical experience are as follows:

#### *Children with major and life threatening bleeding*

A dose of 5 mg vitamin K<sub>1</sub> i.v. is suggested (together with PCC if appropriate, or FFP if PCC is not available).

#### *Children with asymptomatic high International Normalised Ratio (INR) with or without mild haemorrhage*

Intravenous vitamin K<sub>1</sub> at doses of 30 micrograms/kg have been reported to be effective in reversing asymptomatic high (>8) INR in clinically well children.

The patient's INR should be measured 2 to 6 hours later and if the response has not been adequate, the dose may be repeated. Frequent monitoring of vitamin K dependent clotting factors is essential in these patients.

### **Neonates and babies**

Konakion MM Paediatric 2 mg/0.2 ml should be used in these patients (see separate prescribing information).

## **4.3 Contraindications**

Use in patients with a known hypersensitivity to any of the constituents.

Konakion MM ampoules should not be administered intramuscularly because the i.m. route exhibits depot characteristics and continued release of vitamin K<sub>1</sub> would lead to difficulties with the re-institution of anticoagulation therapy. Furthermore, i.m. injections given to anticoagulated subjects cause a risk of haematoma formation.

#### 4.4 Special warnings and precautions for use

When treating patients with severely impaired liver function, it should be borne in mind that one Konakion MM Ampoule 10 mg/1ml contains 54.6mg glycocholic acid and this may have a bilirubin displacing effect. Careful monitoring of the INR is necessary after administration of Konakion MM in patients with severely impaired liver function.

At the time of use, the ampoule contents should be clear. Following incorrect storage, the contents may become turbid or present a phase separation. In this case the ampoule must no longer be used.

In potentially fatal and severe haemorrhage due to overdosage of coumarin anticoagulants, intravenous injections of Konakion MM must be administered slowly and not more than 40 mg should be given during a period of 24 hours. Konakion MM therapy should be accompanied by a more immediate effective treatment such as transfusion of whole blood or blood clotting factors. When patients with prosthetic heart valves are given transfusions for the treatment of severe or potentially fatal haemorrhage, fresh frozen plasma should be used. The use of vitamin K<sub>1</sub> in patients with mechanical heart valves is generally to be avoided, unless there is major bleeding.

Large doses of Konakion MM (not more than 40 mg per day) should be avoided if it is intended to continue with anticoagulant therapy because there is no experience with doses above this maximum of 40 mg per day and higher doses may give rise to unexpected adverse events. Clinical studies have shown a sufficient decrease in the INR with the recommended dosage. If haemorrhage is severe, a transfusion of fresh whole blood may be necessary whilst awaiting the effect of the vitamin K<sub>1</sub>.

Vitamin K<sub>1</sub> is not an antidote to heparin.

#### 4.5 Interaction with other medicinal products and other forms of interaction

No significant interactions are known other than antagonism of coumarin anticoagulants.

#### 4.6 Fertility, pregnancy and lactation

There is no specific evidence regarding the safety of Konakion MM in pregnancy but, as with most drugs, the administration during pregnancy should only occur if the benefits outweigh the risks.

Konakion is not recommended for pregnant women as prophylaxis of vitamin K deficiency bleeding in the newborn.

#### 4.7 Effects on ability to drive and use machines

None

#### 4.8 Undesirable effects

There have been reports of anaphylactoid reactions after intravenous injections of Konakion MM. Very rarely, venous irritation or phlebitis has been reported in association with intravenous administration of Konakion mixed micelle solution.

#### Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions via the Yellow Card Scheme at [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) or search for MHRA Yellow Card in the Google Play or Apple App Store.

#### 4.9 Overdose

Hypervitaminosis of vitamin K<sub>1</sub> is unknown.

Reintroduction of anti-coagulation may be affected.

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## 5. Pharmacological properties

### 5.1 Pharmacodynamic properties

Pharmacotherapeutic group: Antihæmorrhagics (vitamins), ATC code B02BA01.

Konakion MM is a synthetic preparation of vitamin K. The presence of vitamin K (i.e. vitamin K or substances with vitamin K activity) is essential for the formation within the body of prothrombin, factor VII, factor IX and factor X. Lack of vitamin K leads to an increased tendency to hæmorrhage. When an antidote to an anticoagulant is necessary it is essential to use vitamin K<sub>1</sub> itself, as vitamin K analogues are much less effective.

In the mixed micelles solution, vitamin K<sub>1</sub> is solubilised by means of a physiological colloidal system, also found in the human body, consisting of lecithin and bile acid. Owing to the absence of organic solvents, the Konakion mixed micelles solution is well tolerated on intravenous administration.

### 5.2 Pharmacokinetic properties

In blood plasma, 90% of vitamin K<sub>1</sub> is bound to lipoproteins. Following an intramuscular dose of 10mg vitamin K, plasma concentrations of 10 – 20mcg/l are produced (normal range 0.4 – 1.2mcg/l). Systemic availability following intramuscular administration is about 50% and elimination half-life in plasma is approximately 1.5 – 3 hours.

### 5.3 Preclinical safety data

None applicable.

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## 6. Pharmaceutical particulars

### 6.1 List of excipients

Glycocholic acid	HSE
Sodium hydroxide	Ph. Eur
Lecithin (phospholipon 100)	HSE
Hydrochloric acid	Ph. Eur.
Water for injection	Ph. Eur.



### 6.2 Incompatibilities

None

### 6.3 Shelf life

The recommended shelf-life of Konakion MM Ampoules is 36 months.

### 6.4 Special precautions for storage

The recommended maximum storage temperature is 25°C. Do not use if the solution is turbid.

### 6.5 Nature and contents of container

Konaktion MM is supplied in amber glass ampoules containing 10mg phytomenadione in 1ml. The ampoule solution is clear to slightly opalescent, pale yellow in colour and contains the active constituent in a mixed micelles vehicle of glycocholic acid and lecithin.

### 6.6 Special precautions for disposal and other handling

See Section 4.2.

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## 7. Marketing authorisation holder

CHEPLAPHARM Arzneimittel GmbH

Ziegelhof 24

17489 Greifswald

Germany

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## 8. Marketing authorisation number(s)

PL 27041/0011

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## 9. Date of first authorisation/renewal of the authorisation

08/04/2008

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## 10. Date of revision of the text

21/02/2019

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## Company contact details

Cheplapharm Arzneimittel GmbH

### Address

Ziegelhof 24, 17489 Greifswald, Germany

**Telephone**

+49 (0) 3834 8539 0

**Medical Information Direct Line**

0800 145 5034

**Customer Care direct line**

+44 (0) 1920 444 345

**Stock Availability**

[quest.orders@mpwpharma.co.uk](mailto:quest.orders@mpwpharma.co.uk) (<mailto:quest.orders@mpwpharma.co.uk>)

**WWW**

<http://www.cheplapharm.com> (<http://www.cheplapharm.com>)

**Fax**

+49 (0) 3834 8539 119

**Medical Information e-mail**

[cheplapharm@redlinepv.co.uk](mailto:cheplapharm@redlinepv.co.uk) (<mailto:cheplapharm@redlinepv.co.uk>)

**Stock Availability**

+44 (0) 1302 553 070

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